



Sutherland Shire Carers and Consumers Forum

When: Thursday 6th November 2014
Where: Stapleton Ave Community Centre
3a Stapleton Avenue, Sutherland.
Time: 10:30am-2pm

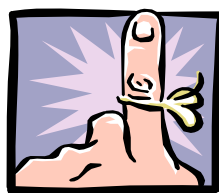
GUEST SPEAKERS - HEALTH FOCUS

Meredith Pleffer and team from **Sutherland Health Improvement Referral and Education Service (SHIRES)**, a student-led clinic at Sutherland Hospital will run an interactive session on health and wellbeing for carers and care recipients.

Deborah Kelly—Chronic Disease Management Program (Connecting Care in the Community), South East Sydney LHD

Meet other Carers and Service Users in the Shire. Gain information about topics that relate to your health & wellbeing. Raise issues that concern you.

Transport and Respite can be arranged if required.



Lunch & Refreshments provided

Please RSVP to Pippa on 9542 3635 by 4/11/14 to assist with catering.



Our quarterly Forums are specifically for those currently using or eligible for Home and Community Care (HACC) and Community Care Supports Program (CCSP) services. This includes people with disabilities, frail older people and carers of both groups. Representatives of organisations that provide services do not attend unless by invitation as guest speakers to allow for open discussion of issues and concerns.